



Preliminary program
Camp and 2020 Ice Hockey U18 Women's World Championship
in Bratislava, Slovakia, during December 21 2019-January 3 2020



Team Sweden Women U18

Date	Time	Activity	Venue
Sat. Dec 21	14.00	Assembly and check in	Airport
	14.30	Lunch	Airport
	16.45	Departure	Airport
	19.00	Arrival	Airport
	19.40	Bus to hotel by the arena with with baguettes, fruit and water (~1 h)	Airport
	21.00	Dinner and check in	Hotel
	21.40	Team meeting	Hotel
	Sun. Dec 22	07.30-08.15	Breakfast
08.30		Bus to arena	Hotel
09.45-10.00		Ice practice - Goalie	Arena Petrzalka
10.00-11.30		Ice practice	Arena Petrzalka
12.30		Bus to hotel	Arena Petrzalka
12.45		Lunch	Hotel
14.30		Bus to arena	Hotel
15.45-16.00		Ice practice - Goalie	Arena Petrzalka
16.00-17.30		Ice practice	Arena Petrzalka
18.30		Bus to hotel	Arena Petrzalka
18.45		Dinner	Hotel
Team meeting		Hotel	
21.30		Evening snack	Hotel
Mon. Dec 23	0630-07.15	Breakfast	Hotel
	07.15	Bus to arena	Hotel
	08.30-09.45	Ice practice	Arena Petrzalka
	10.45	Bus to hotel	Arena Petrzalka
	11.30	Lunch	Hotel
	14.00	Bus to arena	Hotel
	15.15-16.30	Ice practice	Arena Petrzalka
	17.30	Bus to hotel	Arena Petrzalka
	17.45	Dinner	Hotel
	Team meeting	Hotel	
	21.30	Evening snack	Hotel
Tue. Dec 24	07.00-07.45	Breakfast	Hotel
	07.45	Bus to arena	Hotel
	09.00-11.00	Ice practice	Arena Petrzalka
	11.45	Bus to hotel	Arena Petrzalka
	12.00	Lunch	Hotel
		Dinner	TBA
		Team activity	Hotel
	22.00	Evening snack	Hotel

Merry Christmas



Wed. Dec 25	08.00-09.00	Breakfast	Hotel
	12.00	Lunch	Hotel
		Bus to arena	Hotel
	15.15-16.15	Ice practice	Ice Rink Vlado Dzurilla, 1
		Bus to hotel	Ice Rink Vlado Dzurilla
	17.30	Dinner	Hotel
	Head Coach 18.00	TRIM Meeting	Hotel Lindner
	Doctor/Physiothe 18.00	Medical Meeting	Hotel Lindner
Team Manager 18.00	Pass Control meeting	Hotel Lindner	
Team Manager 19.00	First Directorate Meeting	Hotel Lindner	
	21.00	Evening snack	Hotel
Thu. Dec 26	08.00-09.00	Breakfast	Hotel
		Bus to arena	Hotel
	11.00-11.45	Game skate	Ice Rink Vlado Dzurilla, 2
		Bus to hotel	Ice Rink Vlado Dzurilla
	13.00	Lunch	Hotel
	17.00	Dinner	Hotel
		Bus to arena	Hotel
	20.30	GAME SWE - SVK	Ice Rink Vlado Dzurilla, 1
	Bus to hotel	Ice Rink Vlado Dzurilla	
	23.30	Evening snack with pasta	Hotel
Fri. Dec 27	07.00-07.30	Breakfast	Hotel
		Bus to arena	Hotel
	09.00-09.30	Game skate	Ice Rink Vlado Dzurilla, 2
		Bus to hotel	Ice Rink Vlado Dzurilla
	10.30	Lunch	Hotel
	13.30	Pre game snack	Hotel
		Bus to arena	Hotel
	16.30	GAME CZE - SWE	Ice Rink Vlado Dzurilla, 2
	Bus to hotel	Ice Rink Vlado Dzurilla	
	19.30	Dinner	Hotel
		Team meeting	Hotel
Sat. Dec 28	08.00-09.30	Breakfast	Hotel
		Bus to arena	Hotel
	~ 10.30-11.15	Photo: Individual	Ice Rink Vlado Dzurilla,
	~ 11.15	Photo: Team	Ice Rink Vlado Dzurilla, 2
	11.15-12.15	Ice practice	Ice Rink Vlado Dzurilla, 2
		Bus to hotel	Ice Rink Vlado Dzurilla
	13.30	Lunch	Hotel
	Captains & Goalies 14.00	IHF Integrity Workshop (group B)	Hotel
	17.30	Dinner	Hotel
		Team meeting	Hotel
	21.00	Evening snack	Hotel

Sun. Dec 29	07.30-08.15	Breakfast Bus to arena	Hotel Hotel
	09.45-10.15	Game skate Bus to hotel	Ice Rink Vlado Dzurilla, 2 Ice Rink Vlado Dzurilla
	11.30	Lunch	Hotel
	13.45	Pre game snack Bus to arena	Hotel Hotel
	16.30	GAME SWE - SUI Bus to hotel	Ice Rink Vlado Dzurilla, 2 Ice Rink Vlado Dzurilla
	19.30	Dinner Team meeting	Hotel Hotel

Mon. Dec 30

Happy New Year



Schedule depending on result

Thu. Jan 2

Fri. Jan 3	07.30-08.30	Breakfast and check out	Hotel
	08.45	Bus to Vienna airport by the arena	Hotel
	12.55	Departure to Stockholm, OS 313	Vienna airport
	15.15	Arrival Stockholm	Arlanda T5
		Home journeys	

Team leaders

Richard Brasar	Team Manager
Alexander Bröms	Head Coach
Kicki Lundberg	Assistant Coach
Valentina Lizana Wallner	Goalie Coach
Jens Fredriksson	Video Coach
Jakob Reigo	Doctor
Elin Stenberg	Physiotherapist
Rickard Regnell	Equipment Manager