



Team Sweden Women U18

Damlandslaget U18

Exhibition Game SUI-SWE and 3 Nations Tournament in Romanshorn, Switzerland, during December 13-18, 2021

Mon. Dec 13	09.30	Assembly with test and breakfast	Hotell
		Team meeting	Hotell
	12.15-13.45	Ice practice	Vilunda ishallar/ A-hall
	14.45	Lunch	Hotell
		Team meeting	Hotell
		Dinner	Hotell
	18.30	Dinner	Hotell
	21.30	Evening snack	Hotell
Tue. Dec 14	06.00	Check out and breakfast	Hotell
	06.30	Bus to Arlanda	Vilunda ishallar
	06.50	Check-in	Arlanda Airport, T5
	08.50	Departure to Zurich, Flight LX1249	Arlanda Airport, T5
	11.15	Arrival	Zürich Airport
	11.45	Bus to Romanshorn(-1,20 h) with	Zürich Airport
	13.15	Lunch	EZO Romanshorn
	17.00	Snack	Hotell
	19.30-20.45	Ice practice	EZO Romanshorn
	21.30	Dinner	EZO Romanshorn
Wed. Dec 15	07.00-07.45	Breakfast	Hotell
	09.00-09.45	Ice practice	EZO Romanshorn
	10.30	Lunch	EZO Romanshorn
	13.15	Pre game snack with pasta	Hotell
	16.15	GAME SUI-SWE	EZO Romanshorn
	19.15	Dinner	EZO Romanshorn
		Team meeting	Hotell
Thu. Dec 16	06.30-07.15	Breakfast	Hotell
	08.30-09.00	Ice practice	EZO Romanshorn
	09.45	Lunch	EZO Romanshorn
	13.00	Pre game snack with pasta	Hotell
	16.00	GAME GER-SWE	EZO Romanshorn
	19.00	Dinner	EZO Romanshorn
	Team meeting	Hotell	
Fri. Dec 17	07.15-08.00	Breakfast	Hotell
	09.15-09.45	Ice practice	EZO Romanshorn
	10.30	Lunch	EZO Romanshorn
	12.15	Snack	Hotell
	15.00	GAME SWE - SUI	EZO Romanshorn
	18.00	Dinner	Hotell
	21.00	Evening snack	Hotell
	Team meeting	Hotell	
Sat. Dec 18	07.00-08.00	Breakfast and check out	Hotell
	08.00	Bus to by the arena	Hotell
	10.00	Check in and lunch	Zürich Airport
	12.25	Departure to Arlanda, Flight LX 1250	Zürich Airport
	14.50	Arrival	Arlanda Airport, T5
		Home journeys	

BESÖKSADRESS
Tjurhornsgränd 6, 3 tr
121 63 Johanneshov

POSTADRESS
Box 5204
121 16 Johanneshov

KONTAKT
Tel.: +46 8 449 04 00
e-post: info@swehockey.se



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Contact persons

Daniel Eriksson	Team Manager
Madeleine Östling	Head Coach
Pernilla Winberg	Assistant Coach
Jens Fredriksson	Goalie Coach
Kim Martin Hasson	Video Coach
Reigo Jakob	Doctor
Elin Uusitalo	Physiotherapist
Rickard Regnell	Equipment Manager

Game Schedule

Dec 15	16.15	SUI – SWE	EZO Romanshorn – Exhibition game
Dec 16	16.00	GER – SWE	EZO Romanshorn
Dec 17	15.00	SWE – SUI	- “ -
Dec 18	13.00	SUI – GER	- “ -

Updated: 01-12-2021