



“RUSSIN” CAMP Team 18

In Norrtälje during August 2-7 2015

Date	Time	Activity	Venue
Sun. Aug 2	08.30	Assembly players from Stockholm	Bosön
	09.00	Off ice practice/tests	Bosön
	~09.15	Bus from Arlanda T4 to Bosön	Arlanda T4
	10.30	Assembly all players	Bosön
	11.00	Lunch	Bosön
	14.00-20.00	Off ice practice/tests	Bosön
	20.30-21.30	Bus to Norrtälje Ice practice	Contigahallen
Mon. Aug 3	07.30	Breakfast	Hotel Roslagen
	13.00-13.30	Ice practice, goalie	Contigahallen
	13.45-15.00	Ice practice, yellow	Contigahallen
	18.00-18.30	Ice practice, goalie	Contigahallen
	18.45-20.00	Ice practice, yellow	Contigahallen
Tue. Aug 4	07.30	Breakfast	Hotel Roslagen
	09.30-10.45	Ice practice, yellow	Contigahallen
	13.15-14.15	Ice practice, goalie	Contigahallen
	18.00	GAME YELLOW – BLUE	Contigahallen
Wed. Aug 5	07.30	Breakfast	Hotel Roslagen
	08.30-09.00	Ice practice, goalie	Contigahallen
	09.00-09.50	Ice practice, yellow	Contigahallen
	15.00	GAME YELLOW – VIK Västerås HK J20	Contigahallen
Thu. Aug 6	07.30	Breakfast	Hotel Roslagen
	15.15-16.00	Ice practice, goalie	Contigahallen
	16.15-17.30	Ice practice, yellow	Contigahallen
Fri. Aug 7	07.30	Breakfast	Hotel Roslagen
	09.00-09.50	Ice practice, yellow	Contigahallen
	15.00	GAME YELLOW – Djurgårdens IF J20	Contigahallen
	18.00	Dinner	Roslagens Sportrestaurang
	~19.00	Bus to Arlanda Hotellby Check in and evening snack	Arlanda Hotellby

All meals except breakfast will be served at Roslagens Sportrestaurang, Norrtälje Sportcentrum

You will have a daily schedule in the locker room, with all activities for the day