



Team Sweden U18 Women

DAMLANDSLAGET U18

Tests and Camp in Falun and Furudal, Sweden, during August 23-28, 2022

Tue. Aug 23	~11.00-11.30 11.30 13.00-18.00 18.00-19.00 19.00 20.30-21.30 21.30	Assembly, see travel plan Lunch Tests Dinner Bus to Furudal Meeting -theory Evening snack	Lugnet, Falun Lugnets restaurang Lugnet Lugnets restaurang Lugnet Furudals Hockeycenter Furudals Hockeycenter
Wed. Aug 24	09.00-10.00 10.45-11.15 11.15-12.45 15.00-15.30 16.30-17.00 17.00-18.15	Off ice practice Ice practice, goalie Ice practice Meeting -theory Ice practice, goalie Ice practice	Arena Arena Arena Furudals Hockeycenter Arena Arena
Thu. Aug 25	09.00-10.00 10.15-11.00 15.30 18.00	Ice practice Off ice practice Team meeting GAME SWE U18 – SWE 00	Arena Arena Furudals Hockeycenter Arena
Fri Aug 26	09.00-10.00 10.45-11.15 11.15-12.45 15.00-15.30 16.30-17.00 17.00-18.15	Off ice practice Ice practice, goalie Ice practice Meeting -theory Ice practice, goalie Ice practice	Arena Arena Arena Furudals Hockeycenter Arena Arena
Sat Aug 27	09.00-10.00 10.15-11.00 15.30 18.00	Ice practice Off ice practice Team meeting GAME SWE 00 - SWE U18	Arena Arena Furudals Hockeycenter Arena
Sun Aug 28	09.00-10.00 10.15-11.00	Ice practice Off ice practice Home journeys	Arena Arena

You will have a daily schedule in the locker room, with all activities

Contact persons

Sara Ridderlund	Team Manager
Andreas Karlsson	Head Coach
Pernilla Winberg	Assistant Coach
Emil Karnatz	Goalie Coach
Erik Ladhe	Video Coach
Jesper Sjökvist	SOK Instructor
TBA	Physiotherapist
Carina Marnéus	Equipment Manager
TBA	Equipment Manager

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