



# “RUSSIN” CAMP Team 18

In Norrtälje during July 31 – August 5 2016

Date	Time	Activity	Venue
<b>Sun. July 31</b>	08.30	Assembly players from Stockholm	Bosön
	09.00	Off ice practice/tests	Bosön
	TBA	Bus from Arlanda T4 to Bosön	Arlanda T4
	11.30	Assembly all players	Bosön
	11.30	Lunch	Bosön
	14.00-19.00	Off ice practice/tests	Bosön
	20.30-21.30	Bus to Norrtälje Ice practice	Contigahallen
<b>Mon. Aug 1</b>	07.30	Breakfast	Hotel Roslagen
	11.30-12.45	Ice practice	Contigahallen
	18.00-18.30	Ice practice, goalie	Contigahallen
	18.45-20.00	Ice practice	Contigahallen
<b>Tue. Aug 2</b>	07.30	Breakfast	Hotel Roslagen
	09.30-10.45	Ice practice	Contigahallen
	13.15-14.15	Ice practice, goalie	Contigahallen
	<b>18.00</b>	<b>GAME Team 18 – Team 17 (3x15 min)</b>	<b>Contigahallen</b>
<b>Wedn. Aug 3</b>	07.30	Breakfast	Hotel Roslagen
	08.45-09.00	Ice practice, goalie	Contigahallen
	09.00-10.00	Ice practice	Contigahallen
	14.45-15.15	Ice practice, goalie	Contigahallen
<b>Thu. Aug 4</b>	08.30	Breakfast	Hotel Roslagen
	09.30-10.00	Ice practice, goalie	Contigahallen
	10.00-11.15	Ice practice	Contigahallen
<b>Fri. Aug 5</b>	07.30	Breakfast	Hotel Roslagen
	<b>15.00</b>	<b>GAME Team 18 – Djurgårdens IF J20</b>	<b>Contigahallen</b>

All meals except breakfast will be served at Roslagens Sportrestaurang

You will have a daily schedule in the locker room, with all activities for the day