



Preliminary programme
2014 Finnkampen in Kuortane, Vaasa, Pietarsaari
and Urjala, Finland, during December 17-22 2014



Team Sweden U18 Women

Date	Time	Activity	Venue
Wed. Dec 17	~ 18.30	Assembly, Silja Line	Värtahamnen
	19.30	Departure with M/S Galaxy	Värtahamnen
	19.30	Dinner	M/S Galaxy, buffé
	20.00-21.00	Team meeting	M/S Galaxy
Thu. Dec 18	06.00	Breakfast	M/S Galaxy, buffé
	07.00	Arrival to Turku Harbor	Turku Harbor
	07.15	Bus to Kuortane by the arena (4,30 h) with water, sandwich and fruit on the bus	Turku Harbor
	12.00	Lunch and check in	Kuortane Sport Institute
		Team meeting	Kuortane Sport Institute
	16.00-17.20	Ice Practice	Kuortane Arena
	18.30	Dinner	Kuortane Sport Institute
	21.30	Evening snack	Kuortane Sport Institute
Fri. Dec 19	07.30-08.50	Breakfast	Kuortane Sport Institute
	10.00-10.50	Ice practice	Kuortane Arena
	12.00	Lunch	Kuortane Sport Institute
		Team meeting	Kuortane Sport Institute
	14.30	Bus to arena in Vaasa (1,15h)	Kuortane Arena
	15.45	Arrival and snack	Vaasa Arena
	18.00	Game FIN - SWE	Vaasa Arena
	~ 21.00	Dinner	Vaasa Arena
~ 21.45	Bus to Kuortane Arena	Vaasa Arena	
Sat. Dec 20	06.30-07.50	Breakfast	Kuortane Sport Institute
	09.00-09.30	Ice practice	Kuortane Arena
		Snack (Team arr)	Kuortane Arena
	11.15	Lunch	Kuortane Sport Institute
	12.00	Bus to arena in Pietarsaari (1,45h)	Kuortane Arena
	13.45	Arrival and snack	Pietarsaari Arena
	16.00	Game FIN - SWE	Pietarsaari Arena
	~ 19.00	Dinner	Pietarsaari Arena
	~ 19.45	Bus to Kuortane Arena	Pietarsaari Arena
	22.00	Evening snack	Kuortane Sport Institute
Sun. Dec 21	06.30-07.45	Breakfast and check out	Kuortane Sport Institute
	07.45	Bus to arena in Urjala (3 h)	Kuortane Arena
	10.45	Arrival and snack	Urjala Arena
	13.00	Game FIN - SWE	Urjala Arena
	~ 16.00	Lunch	Urjala Arena
	~ 17.00	Bus to Turku Harbor (1,15 h)	Urjala Arena
	20.15	Departure with M/S Baltic Princess	Turku Harbor
	20.15	Dinner	M/S Baltic Princess, buffé
	Meetings with coaches "Individually"		
Mon. Dec 22	05.00	Breakfast	M/S Baltic Princess, buffé
	06.10	Arrival	Värtahamnen
		Bus to Arlanda and Stockholm C - Home journeys	

Hotel in Kuortane

Kuortane Sport Institute, Opistotie 1, 63100 Kuortane, Finland

Team leaders

Terho Nevalainen	Team Manager	Mikael Wernblom	Video Coach
Henrik Cedergren	Head Coach	Maria Bohlin Nygren	Physiotherapist
Erik Carling	Assistant Coach	Kjell Klintberg	Equipment Manager