



Preliminary program
Summer Camp no2
 in Norrtälje, Sweden, May 28 – 31, 2015



Team Sweden Women

Date	Time	Activity	Venue
Thu. May 28	09.20	Bus to Norrtälje by Ritorp and Arlanda T4	Ritorp
	11.00	Assembly and lunch	Norrtälje Sportcentrum
	12.45	Team meeting	Norrtälje Sportcentrum
	14.00-16.00	Tests, indoor and outdoor	Brottarlokalen + Löparbana
		Snack (Team Arr)	Contigahallen
	17.30-19.30	Ice practice	Contigahallen
		Jogging	
		20.30	Dinner
	22.00	Evening snack	Hotel Roslagen
Fri. May 29	07.30-08.30	Breakfast	Hotel Roslagen
	09.30-11.30	Ice practice	Contigahallen
	12.30	Lunch	Roslagens Sportrestauranger
	15.00	Team meeting	Contigahallen
		Snack (Team Arr)	Contigahallen
	17.00-19.00	Ice practice	Contigahallen
		Jogging	
		20.00	Dinner
	22.00	Evening snack	Hotel Roslagen
Sat. May 30	07.30-08.30	Breakfast	Hotel Roslagen
	09.30-11.30	Ice practice	Contigahallen
	12.30	Lunch	Roslagens Sportrestauranger
	15.00	Team meeting	Contigahallen
		Snack (Team Arr)	Contigahallen
	17.00-19.00	Ice practice	Contigahallen
		Jogging	
		20.00	Dinner
	22.00	Evening snack	Hotel Roslagen
Sun. May 31	06.45-07.45	Breakfast	Hotel Roslagen
	08.30-10.00	Ice practice	Contigahallen
	10.45	Team meeting (locker room)	Contigahallen
	11.15	Lunch	Roslagens Sportrestauranger
	12.30	Bus to SIF-kontoret by ArlandaT4 and Ritorp	
		Home journeys	

Hotel

Hotel Roslagen, Stockholmsvägen 53, 761 43 Norrtälje

Contact persons

Staffan Landberg	Team Coordinator
Leif Boork	Head Coach
Olof Östblom	Assistant Coach
Fougman Caroline	Physiotherapist
Benny Andersson	Equipment Manager
Oskar Emt	Equipment Manager