



SCHEDULE TEAM SWEDEN

5 Nations Tournament in Sundsvall, Sweden, during November 4-10 2019



TEAM 18

Date	Time	Activity	Venue
Mon. Nov 4	10.30	Lunch	Restaurant
	11.00	Bus	
	15.00	Lunch	Gärdehov, Sundsvall
	18.00-19.30	Ice practice	
	~20.30	Check in and dinner	Hotel
Tue. Nov 5	07.00-08.00	Breakfast	Hotel
	10.00-11.30	Ice practice	Gärdehov, Sundsvall
	~12.30	Lunch	Hotel
	16.00-17.30	Ice practice	Ungdomshallen, Sundsvall
	18.30	Dinner	Hotel
	21.45	Evening snack	Hotel
Wed. Nov 6	07.30-09.00	Breakfast	Hotel
	12.00-12.45	Ice practice	Gärdehov, Sundsvall
	13.30	Lunch	Hotel
	15.30	Pre game meal	Hotel
	19.30	GAME SWE – SUI	Gärdehov, Sundsvall
	21.30	Dinner	Hotel
Thu. Nov 7	07.30-09.00	Breakfast	Hotel
	12.00-12.45	Ice practice	Gärdehov, Sundsvall
	13.30	Lunch	Hotel
	16.00	Pre game meal	Hotel
	16.30	Bus to arena, approx. 25 min	
	19.00	GAME SWE – FIN	Ånäshallen, Kovland
	~22.00	Bus to hotel	
	~22.30	Dinner	Hotel
Fri. Nov 8	08.00-09.30	Breakfast	Hotel
	11.00-12.00	Ice practice	Ungdomshallen, Sundsvall
	13.00	Lunch	Hotel
	17.00	Dinner	Hotel
	21.00	Evening snack	Hotel
	Sat. Nov 9	07.00-08.00	Breakfast
10.00-10.30		Ice practice	Gärdehov, Sundsvall
11.30		Lunch	Hotel
14.00		Pre game meal	Hotel
16.30		GAME SWE – CZE	Gärdehov, Sundsvall
19.30		Dinner	Hotel
Thu. Aug 10	07.30-09.00	Breakfast	Hotel
	09.15-09.45	Ice practice	Gärdehov, Sundsvall
	10.30	Lunch	Hotel
	12.00	Pre game meal	Hotel
	14.30	GAME SWE – USA	Gärdehov, Sundsvall
	17.30	Dinner	Hotel
		Home journeys	



Team leaders

Peter Lindström

Magnus Hävelid

Robin Jonsson

Peter Andersson

Henrik Särenborg

Krister Olsson

Nilsson Daniel

Team Manager

Head Coach

Assistant Coach

Goalie Coach

Video coach

Physiotherapist

Equipment Manager