

Preliminary schedule  
**Russin Camp 2 in Nyköping, Sweden,**  
**during August 17-20, 2018**



**Team Sweden Women U18**

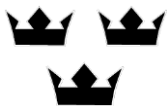
Date	Time	Activity	Venue	
<b>Fri Aug 17</b>	~09.15	Bus to Ritorp	Arlanda T4	
	~09.45	Bus to Hovet/SIF-kontoret	Ritorp	
	~09.30	Bus to Nyköping C	Hovet/SIF-kontoret	
	~11.30	Bus to Rosvalla	Nyköpings C	
	~12.00	Assembly with lunch	Rosvalla	
	12.45	Team meeting	Rosvalla	
	Gr 1 Team Yellow	14.00-15.30	Tests	Rosvalla
	Gr 2 Team Blue	14.30-16.00	Tests	Rosvalla
		16.30-17.30	Dinner	Rosvalla
		17.45	Team meeting	Stora hallen
	Gr 1 Team Yellow	18.40-19.30	Ice practice	Rosvalla
	Gr 2 Team Blue	19.40-20.30	Ice practice	Rosvalla
		21.15	Bus to hotel	Rosvalla
	21.30	Check in and evening snack	Hotel	
<b>Sat. Aug 18</b>	07.00-08.00	Breakfast	Hotel	
	08.00	Bus to arena	Hotel	
	08.30	Video	Rosvalla	
	Gr 1 Team Yellow	09.30-09.50	Ice practice (goalie)	Stora Hallen
		09.50-10.50	Ice practice	Stora Hallen
		11.00-11.30	Off ice practice	Rosvalla
		12.00	Lunch	Rosvalla
	Gr 2 Team Blue	09.30-10.30	Off ice practice	Rosvalla
		11.00-11.20	Ice practice (goalie)	Stora Hallen
		11.20-12.20	Ice Practice	Stora Hallen
		12.50	Lunch	Rosvalla
	All players	14.30	Team meeting	Rosvalla
		16.30	Dinner	Rosvalla
		<b>18.45-20.30</b>	<b>GAME SWE 1 - SWE 2 (3x 15 min)</b>	<b>Stora Hallen</b>
		21.15	Bus to hotel	Rosvalla
		21.30	Evening snack with pasta	Hotel
	All players	TBA	Individual meetings	
	<b>Sun. Aug 19</b>	07.00-08.00	Breakfast	Hotel
		08.00	Bus to arena	Hotel
08.30		Video	Rosvalla	
Gr 2 Team Blue		09.30-09.50	Ice practice (goalie)	Stora Hallen
		09.50-10.50	Ice practice	Stora Hallen
		11.00-11.30	Off ice practice	Rosvalla
		12.00	Lunch	Rosvalla
Gr 1 Team Yellow		09.30-10.30	Off ice practice	Rosvalla
		11.00-11.20	Ice practice (goalie)	Stora Hallen
		11.20-12.20	Ice Practice	Stora Hallen
		12.50	Lunch	Rosvalla

**Sun. Aug 19**

All players	14.30	Team meeting	Rosvalla
	16.30	Dinner	Rosvalla
	<b>18.45-20.30</b>	<b>GAME SWE 1 - SWE 2</b> (3x 15 min)	<b>Stora Hallen</b>
	21.15	Bus to hotel	Rosvalla
	21.30	Evening snack with pasta	Hotel
All players	TBA	Individual meetings	

**Mon. Aug 20**

	07.00-08.15	Breakfast and check out, all players	Hotel
	08.15	Bus to arena	Hotel
	08.30	Team meeting	Rosvalla
	<b>10.00-12.00</b>	<b>GAME SWE 1 -SWE 2</b> (3x 15 min)	<b>Stora Hallen</b>
	12.45	Lunch	Rosvalla
	TBA	Team meeting	Rosvalla
	TBA	Home journeys (12 players)	Stora Hallen



Preliminary schedule  
**Camp in Nyköping, Sweden, and  
4 Nations Tournament in St. Gallen, Switzerland,  
during August 20-26 2018**



Team Sweden Women U18

Date	Time	Activity	Venue
<b>Mon. Aug 20</b>	TBA	Bus to hotel	Rosvalla
	TBA	Check in	Hotel
	17.30	Dinner	Hotel
	21.30	Evening snack	Hotel
<b>Tue. Aug 21</b>	07.00-08.00	Breakfast and check out	Hotel
	08.15	Bus to arena	Hotel
	09.30-11.30	Ice practice	Stora Hallen
	12.30	Lunch	Rosvalla
	14.00-15.30	Team meeting	Rosvalla
	16.00	Bus to Arlanda Hotel	Rosvalla
	~18.00	Check in and dinner	Hotel
<b>Wed. Aug 22</b>	04.00 -	Breakfast	Hotel
	TBA	Bus to Airport	Hotel
	05.30	Check in	Airport
	07.20	Departure Arlanda Airport	
	09.45	Arrival	Airport
	10.15	Bus to St. Gallen by the arena	Airport
	11.15	Lunch	Sportzentrum Lerchenfeld
	12.00	Bus to hotel	Sportzentrum
	12.15	Check in	Hotel
	15.15	Snack	Hotel
	16.00	Bus to arena	Hotel
	17.15-18.15	Ice practice	Sportzentrum
	19.00	Dinner	Sportzentrum
	19.45	Bus to hotel	Sportzentrum
<b>Thu. Aug 23</b>	08.00	Breakfast	Hotel
	09.45	Bus to arena	Hotel
	11.00-11.45	Ice practice	Sportzentrum
	12.30	Lunch	Sportzentrum
	13.00	Bus to hotel	Sportzentrum
	14.15	Bus to arena	Hotel
	<b>16.30</b>	<b>Game SWE - GER</b>	<b>Sportzentrum Lerchenfeld</b>
	19.15	Dinner	Sportzentrum
	20.00	Bus to hotel	Sportzentrum
<b>Fri. Aug 24</b>	08.00	Breakfast	Hotel
	09.45	Bus to arena	Hotel
	10.00-10.45	Ice practice	Sportzentrum
	11.30	Lunch	Sportzentrum
	12.00	Bus to hotel	Sportzentrum
	13.45	Pre game snack	Hotel
	14.15	Bus to arena	Hotel

**Fri. Aug 24**

<b>16.30</b>	<b>Game</b>	<b>SUI - SWE</b>	<b>Sportzentrum Lerchenfeld</b>
19.15	Dinner		Sportzentrum
20.00	Bus to hotel		Sportzentrum

**Sat. Aug 25**

07.00-	Breakfast		Hotel
07.45	Bus to arena		Hotel
<b>10.00</b>	<b>Game</b>	<b>RUS - SWE</b>	<b>Sportzentrum Lerchenfeld</b>
12.45	Lunch		Sportzentrum
13.30	Bus to hotel		Sportzentrum
TBA	Team activity		
17.30	Dinner		TBA

**Sun. Aug 26**

08.00-	Breakfast		Hotel
10.30	Buss to Zurich Airport by the arena		Hotel
12.00	Check in		Airport
	Lunch		Airport
14.00	Departure		Airport
16.20	Arrival		Airport

Home journeys

**Team leaders**

Richard Brasar	Team Manager	
Alexander Bröms	Head Coach	
Kicki Lundberg	Assistant Coach	
Valentina Lizana Wallner	Goalie Coach	17-21/8
Jens Fredriksson	Video Coach	
Sebastian Fuchs	Video Coach	17-20/8
Elin Uusitalo	Physiotherapist	17-20/8
Erica Svensson	Physiotherapist	20-26/8
Kjell Klintberg	Equipment Manager	
Linda Weiderstål	Equipment Manager	17-21/8