



Preliminary program
Pre Camp in Upplands Väsby, Sweden, and Pre Camp with two exhibition games
in Lincoln and St. Catharines, ON, Canada,
2016 IIHF Ice Hockey U18 Women's World Championship
in St Catharines, ON, Canada, during January 2-17 2016



Team Sweden Women U18

Date	Time	Activity	Venue	
Sat. Jan 2		Bus to Scandic Upplands Väsby by the arena	Arlanda T4	
	13.00	Assembly and lunch	Scandic Upplands Väsby	
	14.00	Team meeting	Scandic	
	16.15	Snack with pasta	Scandic	
	18.00-20.00	Ice practice	Vilundaparkens ishall	
	21.00	Dinner	Scandic	
			Team Meeting	Scandic
Sun. Jan 3	07.00-08.15	Breakfast	Scandic	
	09.00	Team Meeting and check out	Scandic	
	10.45	Bus to Arlanda T5 by the arena	Scandic	
	11.45	Lunch	Rai, T5	
	13.35	Departure to Reykjavik with FI307	Arlanda Airport T5	
	15.45	Arrival	Reykjavik Airport	
	17.00	Departure to Reykjavik with FI603	Reykjavik Airport	
	17.55	Arrival	Toronto Airport	
			Bus to hotel by the arena in Lincoln, OT (2h) with dinner on the way (max 30 min from airport)	Toronto Airport
	~ 20.30	Check in	Holiday Inn Hotel and Suites	
	21.00	Evening snack	Holiday Inn	
		Team meeting	Holiday Inn	
Mon. Jan 4	06.30-07.15	Breakfast	Holiday Inn	
	07.30	Bus to arena (15-20 min)	Holiday Inn	
	09.00-10.30	Ice practice	Fleming Centre	
	11.30	Bus to hotel	Fleming Centre	
	12.00	Lunch	Holiday Inn	
	13.40	Bus to arena	Holiday Inn	
	16.00	Exhibition Game, Stoney Creek Sabres - SWE	Fleming Centre	
	19.00	Bus to hotel	Fleming Centre	
	19.30	Dinner	Holiday Inn	
	20.30	Team meeting	Holiday Inn	
Tue. Jan 5	06.30-07.25	Breakfast	Holiday Inn	
	07.40	Bus to arena	Holiday Inn	
	09.00-10.30	Ice practice	Fleming Centre	
	11.30	Bus to hotel	Fleming Centre	
	12.30	Lunch	Holiday Inn	
	14.40	Bus to arena	Holiday Inn	
	16.00-17.30	Ice practice	Fleming Centre	
	18.30	Bus to hotel	Fleming Centre	
	18.45	Dinner	Holiday Inn	
	19.45	Team meeting	Holiday Inn	
	21.30	Evening snack	Holiday Inn	
Wed. Jan 6	06.00-06.45	Breakfast	Holiday Inn	
	07.00	Bus to Fleming Centre (check out arena)	Holiday Inn	
	07.30	Bus to Meridian Centre	Fleming Centre	
	09.00-09.30	Ice practice	Meridian Centre	
	10.30	Bus to hotel (Snack Team arr)	Meridian Centre	
	11.30	Lunch	Holiday Inn	
	12.45	Bus to arena		

Wed. Jan 6	15.00 18.00 18.15 TBA 19.30-21.30 21.30	Exhibition Game CAN - SWE Bus to hotel Dinner Bus to Table Rock Centre, Niagara Falls WWU18 Welcome Ceremonies Bus to hotel Team meeting	Meridian Centre Meridian Centre Holiday Inn Holiday Inn Table Rock Centre Table Rock Centre Holiday Inn
Thu. Jan 7	07.00-07.45 08.00 09.45-11.15 ~ 11.20 12.15 12.30 <i>Doctor</i> 19.30 <i>Team Manager</i> 20.30 <i>Team Manager</i> 20.30 <i>Head Coach</i> 21.30 17.00 21.00	Breakfast Bus to Hannah Sports Centre by Meridian Centre Individual and team photo Ice practice GK equipment measurements Bus to hotel Lunch <i>Medical Personal Meeting</i> <i>Passport Control Meeting</i> <i>Directorate Meeting no 1</i> <i>TRIM Meeting</i> Dinner Team meeting Evening snack	Holiday Inn Holiday Inn Seymour-Hannah Sports Centre Hannah Sports Centre Hannah Sports Centre Hannah Sports Centre Holiday Inn <i>Holiday Inn</i> <i>Holiday Inn</i> <i>Holiday Inn</i> <i>Holiday Inn</i> Holiday Inn Holiday Inn Holiday Inn
Fri. Jan 8	07.00-08.15 08.30 09.45-10.15 11.00 11.15 11.45 14.00 17.15 17.30 21.00	Breakfast Bus to arena Ice practice Bus to hotel Lunch Bus to arena Game SWE – SUI Bus to hotel Dinner Team meeting Evening snack	Holiday Inn Holiday Inn Hannah Sports Centre Hannah Sports Centre Holiday Inn Holiday Inn Hannah Sport Centre Hannah Sport Centre Holiday Inn Holiday Inn Holiday Inn
Sat. Jan 9	07.00-08.15 08.30 09.45-10.15 11.00 11.15 11.45 14.00 17.15 17.30 21.00	Breakfast Bus to arena Ice practice Bus to hotel Lunch Bus to arena Game SWE – FRA Bus to hotel Dinner Team meeting Evening snack	Holiday Inn Holiday Inn Hannah Sports Centre Hannah Sports Centre Holiday Inn Holiday Inn Hannah Sport Centre Hannah Sport Centre Holiday Inn Holiday Inn Holiday Inn
Sun. Jan 10	08.00-09.00 12.00 13.30 15.00-16.15 17.15 17.30 21.00	Breakfast Lunch Bus to Meridian Centre by Hannah Centre Ice practice Bus to hotel Dinner Team meeting Evening snack	Holiday Inn Holiday Inn Holiday Inn Meridian Centre Meridian Centre Holiday Inn Holiday Inn Holiday Inn

Mon. Jan 11	(08.00-08.45)	Ice practice	Hannah Sport Centre)
	09.00	Breakfast with pasta	Holiday Inn
	09.45	Bus to arena	Holiday Inn
	12.00	Game FIN - SWE	Meridian Centre
	15.15	Bus to hotel by Hannah Sport Centre	Meridian Centre
	15.45	Lunch	Holiday Inn
		Team meeting	Holiday Inn
	19.00	Dinner	Holiday Inn

Tue. Jan 12

Schedule depending on result

Fri. Jan 15

Sat. Jan 16

Breakfast	Holiday Inn
Lunch	Holiday Inn
Check out	Holiday Inn
Bus to the airport by the arena	Holiday Inn
Dinner	TBA, Toronto
20.10	Departure to Reykjavik with FI602
	Toronto Airport

Sun. Jan 17

06.25	Arrival	Reykjavik Airport
07.35	Departure to Stockholm with FI306	Reykjavik Airport
11.30	Arrival	Arlanda Airport T5
	Home journeys	

Team Host: Michael Schofield & Lexie Herkimer

Contact persons

Team Manager	Stefan af Bjur
Head Coach	Ylva Lindberg
Assistant Coach	Madeleine Östling
Goalie & Video Coach	Kim Marti'n Hasson
Doctor	Ola Hallert
Physiotherapist	Sofia Hedlund
Equipment Manager	Kjell Klintberg

Hotels

Upplands Väsby

Scandic Upplands Väsby, Hotellvägen 1, 194 35 Upplands Väsby, Sweden

St Catharines

Holiday Inn Hotel and Suites St. Catharines, 327 Ontario St, St. Catharines, ON L2R 5L3, Canada